

# Water's Miraculous Message



Water is the very source of all life on this planet. Its quality and integrity are vitally important to all forms of life. The quality of our life is directly connected to the quality of our water, both within and around us. When we take a deeper look at ourselves through the mirror of water, the message becomes amazingly crystal clear.

The photographs and information here are from *Messages from Water*, by Masaru Emoto, a creative and visionary Japanese scientist. If you have any doubt that your thoughts and words affect everything in and around you, his work will profoundly alter your beliefs.

Dr. Emoto's work provides factual evidence that the environment, thoughts, words, ideas and music, affect the molecular structure of water---the very same water that comprises over seventy percent of a mature human body and covers the same amount of our planet. The implications of Dr. Emoto's work are staggering.

Dr. Emoto has documented these molecular changes in water by freezing droplets of water and then examining them under a dark field microscope with photographic capabilities.

## Effects of thoughts on water

For many summers, the residents around Lake Biwa, in central Japan, had complained about the foul odor resulting from the extraordinary growth of a foreign algae. In the summer of 1999, hundreds of people gathered along the lakeshore and prayed for the peace and harmony of the universe. After one month, a local newspaper reported that no complaints had been filed about the odor.

At the Fujiwara Dam in Gunma Prefecture, Reverend Kato performed a one-hour prayer practice. Moments after the prayer practice, the dam water became visibly beautiful. (See photos at right.)

## Indeed, it is the thought that counts!

Such is the power of human thought. Our every thought impacts our world, which means we can improve the world. Imagine what can happen as more and more of us focus our thoughts and intentions on love, gratitude, and compassion?

## Fujiwara Dam Water

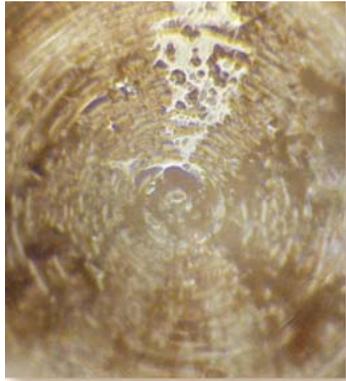


Before the Prayer



After the Prayer

## Listening to Music



Heavy Metal



Folk Dance

### Effects of music and words on water

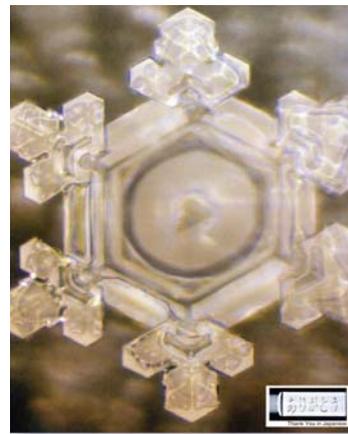
Most people would agree that music can alter our moods and that words can change our feelings. A possible explanation for that may be found in water. As these photographs show, the vibrations contained in music and words cause a change in the crystalline structure of water molecules.

Compiled by WomenRise for Global Peace  
Download a PDF from [www.womenrise.org](http://www.womenrise.org)

## Reading Words



"You make me sick. I will kill you."

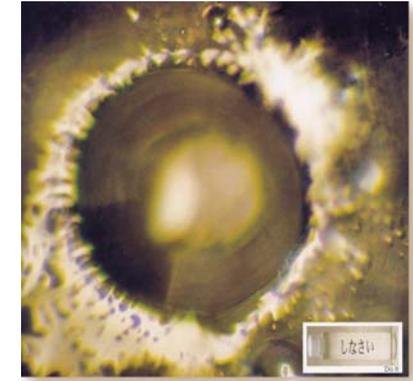


"Thank You"

### What can you do?

- ◆With intention, tape the words "Love & Gratitude" on your water bottle and on incoming and outgoing water pipes in your home and workplace.
- ◆Send love, gratitude, and compassion to the waters of the world.
- ◆Be aware of your thoughts!

For more information about Dr. Emoto's work:  
[www.masaru-emoto.net](http://www.masaru-emoto.net)



"Do It!"



"Let's Do It"

### Photographic procedure

Distilled water was put in sterile glass vials. To test the effect of music, the vials were placed between 2 speakers as the music was played. To test the effect of words, a typed phrase was taped to each vial for 24 hours. The photographers did not know which vial was which.

To order **Messages from Water**.  
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